# Blessed milk thistle (seeds) -

***Silybum marianum* (L.) Gaertn.**

https://www.en.grainedevie.net/blessed-milk-thistle-seeds.html



FICHE TECHNIQUE

Botany
**Family** : Asteraceae
**Genus** : Sylibum
**Specy** : marianum
**Author name** : (L.) Gaertn.

Details
**Type of plant** : annual , biennial
**Height in flowers** : from 0 to 20 cm , from 20 to 50 cm , from 50 to 100 cm , from 100 to 150 cm , from 150 to 200 cm
**Hardiness (USDA zones)** : 5a (from -28,9°C to -26,1°C) , 5b (from -26,1°C to -23,3°C) , 6a (from -23,3°C to -20,6°C) , 6b (from -20,6°C to -17,8°C) , 7a (from -17,8°C to -15°C) , 7b (from -15°C to -12,2°C) , 8a (from -12,2°C to -9,4°C) , 8b (from -9,4°C to -6,7°C) , 9a (from -6,7°C to -3,9°C) , 9b (from -3,9°C to -1,1°C)
**Environment** : moist , drained , dry
**Sun exposure** : full sun
**Bloom color** : purple
**Bloom time** : may , june , july , august , september
**Difficulty** : easy
**Number of seeds per gram** : 35
**Grams per 1000 seeds** : 28

DESCRIPTION

**Family :** Asteraceae

**Latin name :** *Silybum marianum* (L.) Gaertn.

**Common name :** Blessed milk thistle