

Herb patience (seeds) -

Graine de vie

Rumex patientia L.

<https://www.en.grainedevie.net/herb-patience-seeds.html>



FICHE TECHNIQUE

Botany

Family : Polygonaceae

Genus : Rumex

Specy : patientia

Author name : L.

Details

Type of plant : perennial

Height in flowers : from 20 to 50 cm , from 50 to 100 cm , from 100 to 150 cm

Hardiness (USDA zones) : 4a (from -34,4°C to -31,7°C) , 4b (from -31,7°C to -28,9°C) , 5a (from -28,9°C to -26,1°C) , 5b (from -26,1°C to -23,3°C) , 6a (from -23,3°C to -20,6°C) , 6b (from -20,6°C to -17,8°C) , 7a (from -17,8°C to -15°C) , 7b (from -15°C to -12,2°C) , 8a (from -12,2°C to -9,4°C) , 8b (from -9,4°C to -6,7°C) , 9a (from -6,7°C to -3,9°C) , 9b (from -3,9°C to -1,1°C) , 10a (from -1,1°C to -1,7°C) , 10b (from +1,7°C to +4,4°C)

Environment : moist , drained

Sun exposure : partial shade , full sun

Bloom time : may , june , july , august

Difficulty : easy

Number of seeds per gram : 350

Grams per 1000 seeds : 2.8

DESCRIPTION

Family : Polygonaceae

Latin name : *Rumex patientia* L.

Common name : Patience dock, Garden patience, Herb patience, Monk's rhubarb, Perennial spinach