

Purple Shiso (seeds) -

Graine de vie

Perilla frutescens (L.) Britt. var. *atropurpurea* L.

<https://www.en.grainedevie.net/purple-shiso-seeds.html>



FICHE TECHNIQUE

Botany

Family : Lamiaceae

Genus : Perilla

Specy : frutescens (L.) Britt. var. atropurpurea

Details

Type of plant : annual

Height in flowers : from 20 to 50 cm

Hardiness (USDA zones) :

Environment : moist , drained

Sun exposure : partial shade , full sun

Bloom color : white

Bloom time : july , august

Difficulty : easy

Number of seeds per gram : 500

Grams per 1000 seeds : 2

DESCRIPTION

Family : Lamiaceae

Latin name : *Perilla frutescens* (L.) Britt. var. *atropurpurea*

Common name : Purple Shiso