

## Purple Shiso (seeds) -

Graine de vie

*Perilla frutescens* (L.) Britt. var. *atropurpurea* L.

<https://www.en.grainedevie.net/purple-shiso-seeds.html>



### FICHE TECHNIQUE

Botany

**Family** : Lamiaceae

**Genus** : Perilla

**Specy** : frutescens (L.) Britt. var. atropurpurea

Details

**Type of plant** : annual

**Height in flowers** : from 20 to 50 cm

**Hardiness (USDA zones)** :

**Environment** : moist , drained

**Sun exposure** : partial shade , full sun

**Bloom color** : white

**Bloom time** : july , august

**Difficulty** : easy

**Number of seeds per gram** : 500

**Grams per 1000 seeds** : 2

### DESCRIPTION

**Family** : Lamiaceae

**Latin name** : *Perilla frutescens* (L.) Britt. var. *atropurpurea*

**Common name** : Purple Shiso