

## Cuban oregano (plant) -

Graine de vie

*Plectranthus amboinicus* (Lour.) Spreng.

<https://www.en.grainedevie.net/plant-cuban-oregano-C1.html>

### FICHE TECHNIQUE

Botany

**Family** : Lamiaceae

**Genus** : *Plectranthus*

**Specy** : *amboinicus*

**Author name** : (Lour.) Spreng.

Details

**Plant type** : Perennials

**Height in flowers** : from 20 to 50 cm , from 50 to 100 cm

**Environment** : moist , drained

**Exposition of plants** : partial shade , sunny

**Hardiness (USDA zones)** : 9b (from -3,9°C to -1,1°C) , 10a (from -1,1°C to -1,7°C) , 10b (from +1,7°C to +4,4°C) , 11a (from +4,4°C to +7,2°C) , 11b (from +7,2°C to +10°C)

**Bloom color** : blue

**Bloom time** : august , september

### DESCRIPTION

**Family** : Lamiaceae

**Latin name** : *Plectranthus amboinicus* (Lour.) Spreng.

**Common names** : Indian Borage, Spanish Thyme, Cuban Oregano