

Lemon Balm (seeds) -

Graine de vie

Melissa officinalis L.

<https://www.en.grainedevie.net/lemon-balm-seeds.html>



FICHE TECHNIQUE

Botany

Family : Lamiaceae

Genus : Melissa

Specy : officinalis

Author name : L.

Details

Type of plant : perennial

Height in flowers : from 20 to 50 cm , from 50 to 100 cm

Hardiness (USDA zones) : 4a (from -34,4°C to -31,7°C) ,
4b (from -31,7°C to -28,9°C) , 5a (from -28,9°C to -26,1°C) ,
5b (from -26,1°C to -23,3°C) , 6a (from -23,3°C to -20,6°C) ,
6b (from -20,6°C to -17,8°C) , 7a (from -17,8°C to -15°C) ,
7b (from -15°C to -12,2°C) , 8a (from -12,2°C to -9,4°C) , 8b
(from -9,4°C to -6,7°C) , 9a (from -6,7°C to -3,9°C) , 9b (from
-3,9°C to -1,1°C)

Environment : moist , drained

Sun exposure : full sun

Bloom color : blanc

Bloom time : may , june

Difficulty : easy

Number of seeds per gram : 1600

Grams per 1000 seeds : 0.6

DESCRIPTION

Family : Lamiaceae

Latin name : *Melissa officinalis* L.

Common name : Lemon Balm