



Ashwagandha, Indian ginseng (plant)

Withania somnifera (L.) Dunal

- partial shade to sunny
- floraison de june to september

Fiche technique

FAMILY	Solanaceae
GENUS	Withania
SPECY	somnifera
AUTHOR NAME	(L.) Dunal
PLANT TYPE	Perrenials
HEIGHT IN FLOWERS	0 to 150 cm
ENVIRONMENT	drained , dry
EXPOSITION OF PLANTS	partial shade , sunny
HARDINESS (USDA ZONES)	From 4a (from -34,4°C to -31,7°C) to 9b (from -3,9°C to -1,1°C)
BLOOM COLOR	yellow
BLOOM TIME	From june to september

Description

Family : Solanaceae

Latin name : *Withania somnifera* (L.) Dunal

Common names : Ashwagandha, Indian Ginseng, Poison Gooseberry, Winter Cherry