

Chia (seeds) -

Graine de vie

Salvia hispanica L.

<https://www.en.grainedevie.net/chia-seeds.html>



FICHE TECHNIQUE

Botany

Family : Lamiaceae

Genus : Salvia

Specy : hispanica

Author name : L.

Details

Type of plant : annual

Height in flowers : from 20 to 50 cm , from 50 to 100 cm

Hardiness (USDA zones) : 9a (from -6,7°C to -3,9°C) , 9b (from -3,9°C to -1,1°C) , 10a (from -1,1°C to -1,7°C) , 10b (from +1,7°C to +4,4°C) , 11a (from +4,4°C to +7,2°C) , 11b (from +7,2°C to +10°C)

Environment : moist , drained

Sun exposure : full sun

Bloom color : bleu

Bloom time : july , august

Number of seeds per gram : 600

Grams per 1000 seeds : 0.6

DESCRIPTION

Family : Lamiaceae

Latin name : *Salvia hispanica* L.

Common name : Chia, Chia sage, Spanish sage