

## Red valerian (seeds) -

Graine de vie

*Centranthus ruber* (L.) DC.

<https://www.en.grainedevie.net/red-valerian-seeds.html>



### FICHE TECHNIQUE

Botany

**Family** : Valerianaceae

**Genus** : Centranthus

**Specy** : ruber

**Author name** : (L.) DC.

Details

**Type of plant** : perennial

**Height in flowers** : from 20 to 50 cm , from 50 to 100 cm

**Hardiness (USDA zones)** : 5a (from -28,9°C to -26,1°C) ,

5b (from -26,1°C to -23,3°C) , 6a (from -23,3°C to -20,6°C) ,

6b (from -20,6°C to -17,8°C) , 7a (from -17,8°C to -15°C) ,

7b (from -15°C to -12,2°C) , 8a (from -12,2°C to -9,4°C) , 8b

(from -9,4°C to -6,7°C)

**Environment** : drained , dry

**Sun exposure** : partial shade , full sun

**Bloom color** : pink

**Bloom time** : may , june , july , august

**Difficulty** : easy

**Number of seeds per gram** : 600

**Grams per 1000 seeds** : 1.6

### DESCRIPTION

**Family** : Valerianaceae

**Latin name** : *Centranthus ruber* (L.) DC.

**Common name** : Red valerian